

SCOTTSDALE PARKS AWARDS

SPORTS ILLUSTRATED SPORTSTOWN



Scottsdale has been selected as the Sports Illustrated Sportstown for Arizona. Sports Illustrated and the National Recreation and Park Association are selecting one community in each state as part of the magazine's 50th anniversary.

Selections are based on a community's involvement in facilitating and enhancing quality sports.

Communities are judged in the following categories: philosophy, policy/procedures, education and training strategies, youth development strategies, community commitment to parks and recreation resources, innovations for community development, and scope of the programming.

Scottsdale was recognized for being an "extremely sports oriented community," its ongoing efforts to preserve the McDowell Mountains and Sonoran Desert and its status as the only Arizona city whose parks and recreation department is nationally accredited by the National Recreation and Park Association.

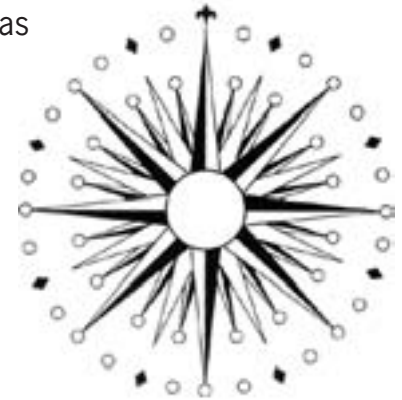
GOLD MEDAL

The City of Scottsdale Community Services Department was selected as the 2003 National Recreation and Park Association Gold Medal Award Winner.

The purpose of the National Gold Medal Awards is to select and honor the nation's outstanding park and recreation agencies for excellence in the field of park and recreation management.

The National Gold Medal and State Park Awards are open to any city, municipal park and recreation department, park and recreation district plus the 50-state park systems in the United States. Each department must have its own budget, official population statistics (provided by the census), and programs and activities within specific and exclusive boundaries to be eligible.

Each nominee is categorized by population. Scottsdale won its population category of 100,000 to 250,000 residents.



Coordinator: Doug Nohren

ADULT SPORTS

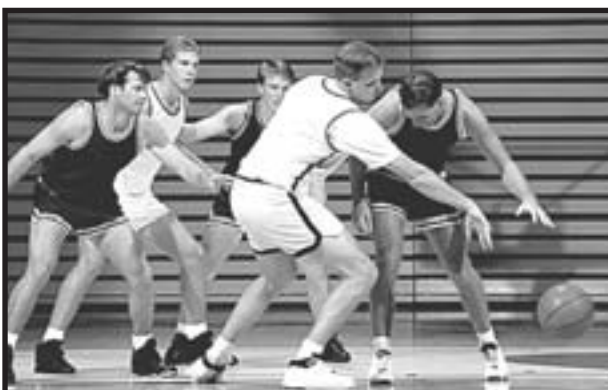


SUMMER FLAG FOOTBALL

League Coordinator: Tim Nisbet, 480-312-7936
Registration: Mon. & Tues., May 10th & 11th, 5-8 p.m.
Location: Chaparral Park, Adult Sports Office, 5401 N. Hayden (Jackrabbit & Hayden)
Dates: Fri., June 11th thru August 27th
Format: Round Robin League Play/Single Elimination Tournament
Fee: \$370/Team

SUMMER 5-ON-5 BASKETBALL

League Coordinator: Tim Nisbet, 480-312-7936
Registration: Mon. & Tues., May 10th & 11th, 5-8 p.m.
Location: Chaparral Park, Adult Sports Office, 5401 N. Hayden (Jackrabbit & Hayden)
Dates: Mon. thru Thurs., June 1st thru July 22nd
Format: 10 League Games/Single Elimination Tournament
Fee: \$360/Team



SUMMER SLOW PITCH SOFTBALL (MEN & COED DIVISIONS)

League Coordinator: Denise Clayton, 480-312-0227
Registration: Tues. & Wed., July 6th & 7th, 5-8 p.m.
Location: Chaparral Park, Adult Sports Office, 5401 N. Hayden (Jackrabbit & Hayden)
Dates: Mon. thru Thurs., July 12th thru Sept. 17th
Format: 14 League Games/Single Elimination Tournament
Fee: \$435/Mens; \$365/Coed
(Additional \$20 A.S.A. fee for non-registered teams. Separate checks make to Amateur Softball Association)

Please come to registration prepared with a roster (players names/home addresses/day phones), and a league fee check payable to the City of Scottsdale. Registration will not be accepted without completed roster information and a check or money order for the correct amount. Failure to comply with any or all terms of registration will result in team Elimination!
For more information call the Sports Office at 480-312-7936 or 7643

FITNESS CENTERS

Cactus Aquatic and Fitness Center

This facility offers strength training, general conditioning, athletic training, toning and much more! Do you need help developing a fitness program that is specific to your needs? Staff will work with you to develop your own personal fitness program. Participants must be 15 years of age or older to participate. A signed waiver, (parent or guardian) is required for youth, ages 13 to 14 years of age.

FITNESS CENTER HOURS

Monday – Friday: 6:00 a.m. – 8:00 p.m.
(10:00 a.m. – 3:00 p.m. are not staffed)

Saturday – Sunday: 10:00 a.m. – 6:00 p.m.
(Weekend hours are not staffed)

Entrance Fee: Resident - \$2.00 • Non-Resident - \$3.00

PUNCH PASSES:

Resident Rate:

10 visits for \$20.00

30 visits for \$60.00

Non-Resident Rate:

10 visits for \$30.00

30 visits for \$90.00

***Patrons must check-in one-hour prior to close, if they intend to exercise for the last hour of the day.**

Aerobic Class Fees:

	Resident	Non-Resident
1-Hour Class Drop-in	\$3.00 per class	\$4.50 per class
1-Hour/10 Class Pass	\$30.00	\$45.00
1-Hour/30 Class Pass	\$90.00	\$135.00
1.5 Hour Class Drop-in	\$4.50 per class	\$6.75 per class
1.5 Hour/10 Class Pass	\$45.00	\$67.50
1.5 Hour/30 Class Pass	\$135.00	\$202.50

For more information, please call (480) 312-7967 *Classes and times are subject to change. Drop in only.

ELDORADO AQUATIC AND FITNESS CENTER

This facility offers a variety of cardio machines, weight machines and free weights for an all-around workout! Participants must be 15 years of age or older to participate. A signed waiver by a parent or guardian is required for youth, ages 13 to 14 years of age. Under 13 years of age not allowed in the fitness center.

Summer Fitness Center Hours

Monday – Friday: 6:00 a.m. – 8:00 p.m.

Saturday – Sunday: 1:00 p.m. – 6:00 p.m.

Entrance Fee:

Resident \$2.00

Non-Resident \$3.00

Adult punch passes:

Resident Rate: 10 visits for \$20.00

30 visits for \$60.00

Non-Resident Rate: 10 visits for \$30.00

30 visits for \$90.00

Closed-toed shoes, workout towel, and proper fitness attire are required. Customers must check-in one-hour prior to close if they intend to exercise for the last hour of the day. Fitness Center hours are based on Pool Operating hours and are subject to change. Please check posted facility calendar or visit www.scottsdaleaz.gov/Parks/eldopool for monthly schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 a.m. - 8:55 a.m. Instructor	Low Impact Aerobics Romero	Low Impact Aerobics Romero	Stretch Class Romero	Low Impact Aerobics Romero	Fit Ball Romero
9:00 a.m. - 9:55 a.m. Instructor	Step Aerobics Romero	Basic Step Circuit Romero	Total Body Conditioning Romero	Step Aerobics Romero	

EVENING CLASSES

5:30 p.m. - 6:30 p.m. Instructor	Basic Step Circuit Parkey				
5:45 p.m. - 7:15 p.m. Instructor		Low Impact/Tone Parkey		Step and Tone Parkey	
7:30 p.m. - 8:30 p.m. Instructor		Cardio Kick Parkey		Cardio Kick Parkey	

CLUB SAR 480-312-2669 4415 N. Hayden Rd, Scottsdale, AZ 85251

Hours: Monday-Friday: 6-9 a.m. & 11:45 a.m.-9 p.m. Saturday: 12-5 p.m. Sunday: Closed

Club Sar is the City of Scottsdale's Parks and Recreation Division multi-sports instructional program offering classes in boxing, kickboxing, aerobics and circuit weight training. The gym includes a complete line of free weights, cardiovascular treadmills, bikes, stairclimbers, rowers, single station weight machines, and full court basketball.

Participants in the Club SAR facility must register on a yearly basis. Membership involves a \$75 registration fee for resident adults and \$40 for resident youths under 18. Non-resident fees are \$105 for adults and \$55 for youths under 18.

AEROBICS CLASSES

Spinning	5:30 – 6pm	M – Th
Weight Orientation	5:30 – 6pm	Tu & Th
Kickboxing Cardio	6 – 7pm	M – Th
Boxing Cardio	6 – 7pm	M – Th
Youth Boxing	4 – 5:30pm	M – F

